

# GrapefruitSeed Extract Liquid Concentrate

Code: FE1641 – 30ml



This product is a GRAPEFRUIT SEED extract that acts effectively on fungi and bacteria. It has disinfectant and fungicidal properties.

Grapefruit seed extract is an organic compound whose active ingredient is extracted from the seeds of the grapefruit. It contains several terpenes, vitamin C and amino acids.

It's non-toxic and has no side effects.

After several studies, this extract has been established as very effective against Gram + and Gram - bacteria, fungi and yeast. It acts in the gastrointestinal system and is active at concentrations of around 60 to 100 ppm, the most common concentration being between 125 and 250 ppm.

It is a natural antibiotic that is well known for its positive results in the treatment of Candidiasis and Traveller's Diarrhoea.

**Ingredients:** Carrier: vegetable glycerine, grapefruit seed extract (*Citrus x paradisi*).

**Size and format:**

30 ml.

**Nutritional information:**

	5 drops (0,143 ml)	15 drops (0,429 ml)	45 drops (1,286 ml)
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Grapefruitseed	0,025 ml	0,075 ml	0,225 ml
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**Recommended daily dose:**

5–15 drops mixed in a glass of water or juice, one to three times daily.

**Contains no:** Preservatives, flavour or colour, sugar, milk or milk products, starch, wheat, corn, soy, or yeast.

**Always use diluted.**

Do not exceed the stated recommended daily dose.

## Indications and uses:

Grapefruit seed extract has proven to be effective against the following microorganisms:

*Candida albicans*  
*Staphylococcus aureus*  
*Staphylococcus pyogenes*  
*Staphylococcus sp.*  
*Streptococcus faecalis*  
*Salmonella cholerasuis*  
*Salmonella typhi*  
*Escherichia coli*  
*Proteus vulgaris*  
*Pseudomonas aeruginosa*

*Lactobacillus pentoaceticus*  
*Klebsiella pneumonia*  
*Trichophyton inerdigital*  
*Chaetonium globosum*  
*Giardia lamblia*  
*Influenza A2 virus*  
*Aspergillus niger*  
*Aspergillus oryzae*  
*Aspergillus parasiticus*  
*Aspergillus terreus*

*Aspergillus flavus*  
*Fusarium oxisporum*  
*Fusarium oxy. F. Sp. Tuberosi*  
*Fusarium sambucinum*  
*Penicillium funiculosum*  
*Penicillium sp.*  
*Penicillium roqueforti*  
*Pullularia pullulans*  
*Scerotinia laxa*  
*Entamoeba histolytica*  
*Herpes Simplex 1 virus*

## Cautions:

Do not apply to eyes. **Do not use full strength** in mouth, ears, nostrils, or sensitive areas. May cause irritation if applied directly to skin.

## Internal use (to be diluted):

**Candidiasis and Traveller's Diarrhoea:** Take 3-4 drops dissolved in a little water every morning.

**Control the germs that cause gingivitis and plaque:** Mix 3 drops in a small glass of water and swish in mouth for 30 seconds or more. Adults and children over 6: use once a day after brushing teeth. Rinse mouth out well with water after using.

**Nasal rinse:** Use 1 drop of **GrapefruitSeed Extract** mixed with a little water. Vaporize (using a nasal spray) the nostrils with head tilted back or use a drop bottle, introducing a little of the solution in each nostril, move head forward and down to force the liquid through the nasal passage. Hold head up normally and let the liquid come out. Do not inhale through the nose while rinsing.

**Genital wash:** Use 2-3 drops mixed with a glass of water. Wash affected zone once a day. Use for one week.

**Gargle (sore throat):** Mix 3 drops of **GrapefruitSeed Extract** in a glass of water, gargle several times. Use as often as desired.

## External use (to be diluted):

**Scalp treatment:** It controls different disorders of the scalp. Mix several drops (5-10) of **GrapefruitSeed Extract** with shampoo and massage into scalp. Leave on for a few minutes and rinse.

**Skin problems:** Apply directly to affected areas such as minor skin irritations, insect bites, athlete's foot and cysts. In the case of cysts or local infection just beneath the skin, apply a piece of cotton or gauze soaked in the liquid over affected area and leave overnight. For acne and facial cleansing, wash face as usual, and with face and hands still wet, apply 2-3 drops on fingertips and massage entire face gently in circular movements, then rinse well with cold water.

## Other uses:

**Cleaning toothbrushes:** Mix 5-10 drops in a glass of water. Submerge toothbrush for 10 minutes or leave overnight. Rinse brush before each use. Change water and repeat at least every three days.

**Washing fruits and vegetables:** Add 30 drops of **GrapefruitSeed Extract** to a recipient full of cold water. Submerge the fruit or vegetable for a moment. This ensures a proper wash and better and longer conservation of these foods.

**GrapefruitSeed Extract Liquid Concentrate:** It can also be used for cleaning and disinfecting dishes, kitchen utensils, cutting boards, etc.