

PeaceGreens

A VITAL ENERGY FORMULA CONTAINING
SUPERFOODS



INFORMATION EXCLUSIVELY FOR HEALTH-CARE PROFESSIONALS

1 GREENS

Young cereal sprouts (alfalfa, barley and wheat grasses)
Organically grown and harvested at approximately 30 cm high in order to obtain all the benefits associated with these nutrients.

Broccoli extract

Concentrated source of glucosinolates and sulforaphane, the main bioactive compound attributed with antimicrobial activity (*H. pylori*), and antioxidant activity (quercetin), and a strong inducer of detoxification of carcinogenic substances (chemoprotective).¹

ALKALIZING EFFECT^{2,5}

It helps neutralize acidic conditions in the body, affecting:

- » Bone⁶, cardiovascular^{3,4} and digestive health, and immune system.
- » **Chemotherapy**: alkalization has been shown to improve the therapeutic effectiveness of certain chemotherapy drugs.²



2 ALGAE

Spirulina, chlorella (Broken cell for maximum digestibility) and **Dulse**

3 different algae for a maximum supply of high-quality **protein, chlorophyll, vitamins** (B group, E, beta-carotene, PABA, inositol), **minerals** (iron, zinc, germanium...), **growth factor, nucleic acids** (RNA, DNA) and **polyunsaturated fatty acids** (GLA)^{7,8}

- » **DETOXIFYING** (heavy metals)
- » **VITAL PERFORMANCE**
- » **REMINERALIZING**
- » **IMMUNE REINFORCEMENT**
- » **REGULATION OF INTESTINAL TRANSIT**
- » **SATIATING**

3 PROBIOTICS

The strongest, most advanced combination of 11 selected strains of beneficial bacteria:

- *L. rhamnosus* R0011
- *L. rhamnosus* R1039
- *L. acidophilus* R0418
- *L. helveticus* R0052
- *L. casei* R0215
- *L. plantarum* R1012
- *B. breve* R0070
- *B. longum* spp *infantis* R0033
- *B. longum* spp *longum* R0175
- *S. salivarius* spp *thermophilus* R0083
- *L. delbrueckii* spp *bulgaricus* R9001

Prebiotics:

- » **Inulin** (from chicory root, *Cichorium intybus*)
- » **AOS** (arabinogalactan extracted from the wood of the larch tree)

PROBIOTIC EFFECT¹¹

- » Restoration and balance of the intestinal flora (barrier effect / intestinal pH)
- » Improved digestion and nutrient assimilation (vitamin synthesis)
- » Strengthened immune system (GALT or intestinal immune system)



4 PLANT DIGESTIVE ENZYMES

A wide variety of enzymes from different plant sources for optimal biological activity

- *Alpha-amylase*
- *Bromelain*
- *Cellulase*
- *Dipeptidyl-peptidase IV*
- *Alpha-galactosidase*
- *Glucoamylase*
- *Hemicellulase*
- *Invertase*
- *Lactase*
- *Lipase*
- *Maltase*
- *Papain*
- *Pectinase*
- *Phytase*
- *Protease I, II and III*

- » **Dipeptidyl-Peptidase IV (DPP-IV)**: aids the digestion of gluten and casein

SINERGIC EFFECT

- » It increases nutrient absorption and assimilation, favouring the alkaline reserve
- » It favours the purification process by breaking down toxic complexes

MULTI-NUTRIENT FORMULA THAT SUPPLIES **50 SUPERFOODS** WITH A HIGH NUTRITIONAL VALUE. TO PURIFY AND REVITALIZE, TO STRENGTHEN THE IMMUNE SYSTEM AND RESTORE HEALTH

5 DETOXIFICATION

Activation of the hepatic detoxification system (phase II enzymes) and improved intestinal transit and elimination of toxins through evacuation.



- » **APPEL PECTIN FIBER AND RICE BRAN POWDER**
- » **RED BEET**^{12,13}
- » **MILK THISTLE (80% silymarin)**¹⁴
- » **BROCCOLI EXTRACT**



6 IMMUNE AND ADAPTOGENIC SUPPORT

There is proven evidence of the relationship between stress and immune deterioration, so adaptogenic plants, which increase the body's resistance to a variety of stressors, are key for strengthening immunity.⁹

- » **BEE POLLEN**
- » **D-RIBOSE**
- » **ELEUTHEROCOCCUS** (Siberian ginseng) (0.8% eleutherosides)
- » **LICORICE** (10% glycyrrhizinic acid)

7 ANTIOXIDANTS

A supply of antioxidants is essential for maintaining cardiovascular health, preventing neurodegenerative disorders and combating ageing.^{9,10} Contains Superoxide Dismutase (S.O.D); the master antioxidant.

- » **ACEROLA**
- » **GRAPE SEED** (95% proanthocyanidins)¹⁶
- » **GREEN TEA** (50% polyphenols)
- » **BILBERRY** (25% antocyanidins)¹⁷
- » **S.O.D.** (from Cili (*Rosa roxburghii*)) (4 000 000 IU)¹⁸

8 VASCULAR AND BRAIN FUNCTION

It helps improve cerebrovascular microcirculation, supplies helpful antioxidants for cognitive activity, and is venotonic, protecting against neurodegenerative processes.



- » **SUNFLOWER LECITHIN**
- » **GINKGO BILOBA** (24% flavanoid glycosides, 6% terpene lactones)¹⁵
- » **GRAPE SEED** (95% proanthocyanidins)¹⁶
- » **BILBERRY** (25% antocyanidins)¹⁷

Nutritional information: **13 capsules (11 365 mg)**

Lecithin (from sunflower)	2 186 mg
Spirulina (<i>Spirulina platensis</i>)	1 685 mg
Cili (<i>Rosa roxburghii</i>) (4 000 000 IU from SOD)	1 000 mg
Alfalfa grass (<i>Medicago sativa</i>)	992 mg
Barleygrass (<i>Hordeum vulgare</i>)	600 mg
Chlorella (broken-cell) (<i>Chlorella pyrenoidosa</i>)	425 mg
Rice bran powder (<i>Oryza sativa</i>)	383 mg
Multi flower bee pollen	150 mg
D-Ribose	150 mg
Wheatgrass leaf juice powder (<i>Triticum aestivum</i>)	122 mg
Licorice root extract (<i>Glycyrrhiza uralensis</i>) ¹ (10% glycyrrhizic acid)	116 mg
Red beet root powder (<i>Beta vulgaris</i>)	65 mg
Milk thistle seed extract (<i>Silybum marianum</i>) ¹ (80% silymarin)	60 mg
Siberian ginseng root extract (<i>Eleutherococcus senticosus</i>) ¹ (0.8% eleutherosides)	60 mg
Whole dulse (<i>Palmaria palmata</i>)	53 mg
Grape seed extract (<i>Vitis vinifera</i>) ¹ (95% proanthocyanidins)	30 mg
Ginkgo biloba leaf extract ¹ (24% ginkgolavonoid-glycosides, 6% terpene lactones)	20 mg
Green tea leaf extract (<i>Camellia sinensis</i>) ¹ (50% polyphenols)	15 mg
Bilberry fruit extract (<i>Vaccinium myrtillus</i>) ¹ (25% anthocyanosides)	10 mg
Broccoli extract (<i>Brassica oleracea var. italica</i>)	38 mg
Acerola juice powder (<i>Malpighia glabra</i>)	115 mg
Apple fruit pectin (<i>Pyrus malus</i>)	1 035 mg
Steviol glycosides (<i>Stevia rebaudiana</i>)	204 mg
Lactic acid bacteria*	10 billion CFU
Inulin	31 mg
Plant digestive enzymes**	8 mg

* *L. rhamnosus* R0011 (4 billion CFU), *L. rhamnosus* R1039 (3 billion CFU), *L. acidophilus* R0418 (550 million CFU), *L. helveticus* R0052 (500 million CFU), *L. casei* R0215 (400 million CFU), *L. plantarum* R1012 (400 million CFU), *B. breve* R0070 (300 million CFU), *B. longum* spp *infantis* R0033 (300 million CFU), *B. longum* spp *longum* R0175 (300 million CFU), *S. salivarius* spp *thermophilus* R0083 (200 million CFU), *L. delbrueckii* spp *bulgaricus* R9001 (50 million CFU).

**Alpha-amylase (314,987 FCC AAU), bromelain (19 200 FCC PU), cellulase (33,6 FCC CU), dipeptidyl-peptidase IV (55 FCC HUT), alpha-galactosidase (0,506 FCC AGU), glucoamylase (1,333 FCC AGU), hemicellulase (0,888 FCC HCU), invertase (2,133 FCC INVU), lactase (14,507 FCC ALU), lipase (80 FCC LU), maltase (3,467 FCC DP), papain (8 000 FCC PU), pectinase (1,6 FCC endo-PGU), phytase (0,067 FTU), protease I (1 104,987 FCC HUT), protease II (196,8 FCC HUT), protease III (1,52 FCC SAP).

¹standardized extract

Recommended daily dose: 13 capsules daily with a glass of water or juice (250 ml). Take preferably on empty stomach or 15 minutes before a meal. It is necessary to drink 4–6 glasses of water during the day when taking this product to aid in cleansing.



With **4 000 000 IU** from **S.O.D.** from Cili (*Rosa roxburghii*)

THE HIGHLIGHTS

- » Unique on the market for its advanced formulation based on **plant extracts, algae, 11 strains** of selected beneficial bacteria, and **plant enzymes**, and is optimized with powerful, high quality nutraceuticals for vitality and purification, and strengthening the immune system.
- » **Nutraceuticals** at a standardized concentration to guarantee maximum biological activity.
- » **100% natural.** With **stevia** as a natural sweetener.

WHEN SHOULD YOU TAKE PeaceGreens?

- » To assist purifying and alkalising diets and **for effective elimination of toxins** from the body.
- » **Programs for improving general health:** increasing vital performance and antioxidant protection, supporting the immune system for better protection against infections. It supports neurological and cognitive activity (memory, concentration...), maintains cardiovascular health (microcirculation, healthy blood sugar levels) and helps improve digestive function.
- » **For typical western-type diets deficient in fruits and vegetables and high in processed foods, dairy and meats** that contributes to metabolic acidosis.

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