

# Aid-Inflam

A synergistic blend of nutraceuticals and enzymes with COX-2 inhibitors that reduce inflammation



90 vegetable capsules

- ➔ Natural COX-2 inhibitor.
- ➔ Relieves pain.
- ➔ Reduces inflammation.



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| <b>Nutritional information:</b>                  | 2 capsules (1 500 mg) |
| Indian Frankincense ( <i>Boswellia serrata</i> ) | 400 mg                |
| Boswellic acids 35%                              | 140 mg                |
| Organic acids 70%                                | 280 mg                |
| Curcumin 95%                                     | 400 mg                |
| Bromelain  | 200 mg                |
| 2 400 GDU/g                                      | 7,2 mill. FCC-PU      |
| Quercetin  | 200 mg                |

## Highlights:

- A natural product that selectively blocks the enzyme COX-2 (cyclooxygenase-2).
- Blocking this enzyme impedes the production of the chemical messengers called prostaglandins that cause the pain and swelling of arthritis inflammation.
- A relief from inflammatory processes of different types such as rheumatoid arthritis, tendinitis, joint damage, bursitis, sports injuries, muscle pain, hits and blows, twisting, sprains, burns, cuts, thrombophlebitis, bruises and scarring.
- It is also used for the treatment of cystic fibrosis, as well as in cases of food allergy.

## Recommended daily dose:

2 capsules once to three times daily.

## References:

1. Siddiqui Mz. Boswellia Serrata, A Potential Antiinflammatory Agent: An Overview. Indian Journal of Pharmaceutical Sciences. 2011;255-261
2. Murray, Micheal T, N.D., "Curcumin: A Potent Anti Inflammatory Agent", American Journal Of Natural Medicine. 1994;1(4).
3. 11) Bright, J. J. (2007). Curcumin and autoimmune disease. In The Molecular Targets and Therapeutic Uses of Curcumin in Health and Disease (pp. 425-451). Springer US.
4. 12) Taussig, S. J., & Batkin, S. (1988). Bromelain, the enzyme complex of pineapple (*Ananas comosus*) and its clinical application. An update. Journal of ethnopharmacology, 22(2), 191-203.
5. 16) Valerio, D. A., Georgetti, S. R., Magro, D. A., Casagrande, R., Cunha, T. M., Vicentini, F. T., ... & Verri Jr, W. A. (2009). Quercetin reduces inflammatory pain: inhibition of oxidative stress and cytokine production. Journal of natural products, 72(11), 1975-1979.